



## Trifecta Ceremonies

Authentic Andean culture and traditions

### Trifecta Ceremonies

*Coca-Leaf-Reading Ceremony  
Flower-Cleansing Ceremony  
Pachamama Ceremony  
(Offering for Mother Earth)*

#### Overview

*This unique experience was designed for people who would like to experience authentic Andean culture and traditions. Three ceremonies will be performed, all done by Angel Herrera, shaman trained and specialized in different areas of healing.*

*The three ceremonies are a **Flower Cleansing Ceremony**, a **Coca Leaf Reading Ceremony**, and an **Offering to Pachamama**, the Mother Earth. Traditional shamanic ceremonies such as these have been practiced since before the time of the Inca Empire and their Quechua culture. Participating in these shamanic ceremonies with an authentic Andean shaman will show you a new perspective on life and will allow you to develop physically and spiritually.*

#### Helpful for

*In participating in these shamanic Ceremonies with an authentic Andean Shaman you will gain new perspectives for your life and finding support for your physical and spiritual growth.*

#### Description

*We will let you know where the Ceremony will be and welcome you there.*

*All the ceremonies are conducted from Angel Herrera who was trained by Q'ero shamans from a small village a few days walk up the mountains. The Q'eros are a high mountain people who fled up higher into the Sierra when the Spanish invaded, managing to survive the Conquest. As such, they are the closest living descendants of the Incas and still maintain many of their ancient traditions.*



#### 1. Coca-Leaf-Reading

*To begin, the shaman must start with **Coca-Leaf - Reading Ceremony**. The shaman will start by asking questions regarding your home life, health, family, friends and profession. The shaman will say a prayer to the mountains with his satchel of coca leaves held high above his head. As next he places them down on a flat surface and gently opens the fabric. The placement of the leaves is his direct insight into your past, present, and future. This is a long-standing practice in Andean culture and a one-of-a-kind experience.*





## 2. Flower-Cleansing Ceremony

Next is the **Flower Cleansing Ceremony** done with sage and yellow flowers. Sage is common around houses and businesses in the Andes. Often found by the front door and is used to ward off bad spirits. In our ceremony, it is used to clean the negative energies from your body. The shaman creates a cover of sage over you while saying a prayer in his native Quechua language. The next step is to cover your body with yellow flowers for protection. Many say they can feel the strong energy as an after effect of the ceremony. It is quite a moving experience



## 3. Final Ceremony - Pachamama Ceremony Offering for Mother Earth

The final and most important ceremony is the **Offering to Pachamama**. Pachamama is the Andean word for Mother Earth. We give thanks to Pachamama for our crops and everything we have by putting our intentions back into the earth below. This is done through the prayer of the shaman and his pouch of sacred Andean offerings. All are symbolic aspects such as protection of travel and relationships, professional success, and many more



**Once all three ceremonies are finished, it's time to celebrate!**

### Included

All three Healing Ceremonies (Coca-Leaf-Reading, Flower-Cleansing and Offering for Pachamama)

All for the Ceremonies needed materials and ingredients.

We are happy to celebrate with and for you the Trifecta Ceremonies and to conduct you on your personal path for a short period of time.

A very warm welcome

Piliaka & Angel



### Duration

about 2 hours

### Exchange

CHF 200.- / EUR 200.- per person

Private Session on request.

### Extra costs

Translation English – German

CHF 90.- / EUR .- 90.- (if necessary it will be shared between the participants)

### Booking

**Ancient Wisdom Academy**

Piliaka Corina Peter

Mobile +41 79 474 36 85

[www.moveandgo.ch/kontakt/corina.peter@compunet.ch](http://www.moveandgo.ch/kontakt/corina.peter@compunet.ch)